



Enrichment Now Counseling & Assessment

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Top Ten Parenting Tips

1. Remember what it was like to be a child and how you felt when you were your child's age.
2. How you felt when your parents were too busy for you.
3. Remember how it felt when your parents spent quality time with you.
4. Be involved.
5. Set firm and age appropriate boundaries.
6. Be consistent so your children know what to expect when they behave appropriately and when they don't.
7. Follow through on your promises as well as known consequence if your child breaks a rule.
8. Model positive behaviors and show respect, even to your children. After all, you are their primary teacher and children are a product of their environment.
9. Get on their eye level so they don't feel intimidated. No one prospers from intimidation, most of all children.
10. Listen more, talk less. The old adage "God gave us one mouth and two ears so that we could listen more and talk less" is one from which we can all benefit.